

## **Lunch-Time Policy:**

Tir na nOg Preschool promotes a healthy eating policy and on an ongoing basis we reinforce the children's understanding of the importance of healthy eating. We do not provide food for the children, unless a child has forgotten to bring their lunch in with them. We ask parents to provide healthy lunches for the children; sandwiches, crackers, cheese, fruit, yougart, etc.. We do not allow the children to bring in sweets, crisps, lollipops or fizzy drinks to school. If a child does bring in any of the above items they will be left in their school bag and sent home again.

Goodies are allowed on special occasions when we have a party.

Children's medical and personal dietary requirements are respected and recorded on the registration form.