

# Sun Protection Policy

In our effort to provide a healthy lifestyle for children in our service, it is the policy of Tir na nOg preschool to ensure that children are protected from the harmful rays of the sun while they are on the premises of the service or undertaking any of the outdoor activities we provide.

- Parents/guardians are made aware of the role that outdoor activities play in the daily life of the service.
- Parents/guardians are informed that staff will help children to apply sunscreen as necessary.
- Responsibility for sun protection is a shared responsibility between the service staff and parents/guardians (and the latter must acknowledge and accept this shared responsibility.)

## **Parents/guardian must provide:**

- Suitable sun hats for their children in the summer months.
- Sunscreen of SPF 30+ for their children.
- Information on any allergies to sunscreen must be included on the Record Form and provide a hypoallergenic sunscreen for their child.
- Permission to use sunscreen provided by the service for children in the event of them not having their own.

## **Staff Obligations:**

Staff should act as role models for the children by:

- Wearing appropriate hats for summer outdoor activities
- Using sunscreen on exposed skin
- Provide extra hats for children to borrow
- Have sunscreen available to use on the children where they have none themselves.